

The Causal Relationship between Trust in God and Mirth with Anxiety by Moderating Role of Hopefulness

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Abstract

This research aimed to investigate the causal relationship between trust in God and mirth with anxiety through hopefulness. This study included all female students in third grade of secondary school in district three of Ahvaz education, and 198 students were selected through multi-stage random sampling. The study design is descriptive-correlation and data were analyzed using path analysis by SPSS and Amos software. Data were collected using four questionnaires including trust in God (researcher-made), mirth, Depression-Anxiety-Stress Scale (DASS-21) and hope (Miller & Powers). Results showed that the proposed model suitability approved after deleting non-significant relationships and there is a negative causal relationship between trust in God and anxiety, and positive causal relationship between trust in God and hopefulness. This finding illustrates that trust in god could reduce anxiety and increase hopefulness.

Keywords: *trust in god, mirth, anxiety, hopefulness*

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